

## Welcome to Toronto for the INS 2013 Congress

### Host Hotel – The Fairmont Royal York



The Congress will be held in the flagship hotel of the city of Toronto, the Fairmont Royal York.

[www.fairmont.com/royal-york-toronto](http://www.fairmont.com/royal-york-toronto)

Reservations may be made by calling 1-800-257-7544. Be sure to mention the INS Congress.

The hotel provides free internet in the rooms as well as free local/800 calls to members of its President's Club. Membership is free but must be obtained prior to arrival by going to this site:

[www.fairmont.com/fpc](http://www.fairmont.com/fpc).

### **Meeting Room**

We have reserved a meeting room at the Royal York hotel for the paper sessions. The meeting room is named the "Alberta Room" and is located on the second floor of the hotel. Maps are located throughout the hotel. We will have a computer projector, laptop and screen available for PowerPoint presentations.



## **Getting to the Hotel and around the City**

### By Car

The City of Toronto is completing major roadwork in the area around the hotel. Please access the hotel's main and valet entrances on Front Street via Yonge Street due to closures on York and Bay Streets. Directions and a map can be found here, [www.fairmont.com/royal-york-toronto/map/mapanddirections/](http://www.fairmont.com/royal-york-toronto/map/mapanddirections/)

### **By Air**

#### Toronto Pearson International Airport

Most major airlines will have direct flights to Toronto.

#### Taxi

Taxi fare from the airport to the Royal York is about \$55. Be sure to ask for the "flat rate" to the hotel, otherwise you might pay more if you get stuck in traffic. If you want to avoid the taxi lines, you can reserve a town car from [Aerofleet](#) at 1-800-268-0905. Call once you have picked up your luggage and they will give you the limo number and the post location where to get picked up. This limo service is cheaper (\$53) than a regular taxi cab and a cleaner automobile.

#### Airport Express Bus

You can also take an express bus that will make stops at the major hotels including the Royal York. One way adult bus fare is \$26.95 and leaves to and from the airport every 30 minutes. More information and schedule is available at [www.torontoairportexpress.com](http://www.torontoairportexpress.com)

#### Billy Bishop Island Airport

If you live in Boston, Chicago, New York City, Philadelphia, Montreal, etc. you can take Porter Airlines to the downtown airport on the island. Fares, schedule and destinations for Porter Airlines can be found at [www.flyporter.com](http://www.flyporter.com). After deplaning, you take a short, free ferry ride to the mainland.

#### Taxi

There is no shortage of taxis waiting on the mainland at the island airport. Taxi fare to the Royal York hotel will be approximately \$15. There is also a free shuttle bus provided by Porter Airlines that stops at the Royal York hotel. Alternately, you can walk to the hotel along the waterfront. It is about a 30 minute walk.

### By Rail

Union Station, Toronto's main railway station, is located across the street from the Royal York hotel. [Amtrak](#) and [Via Rail](#) travel to Toronto's Union Station.

### Subway

Toronto has a subway and streetcar system. Adult fares are \$3, but daily and weekly passes are available. Transit maps and fares available at [www.ttc.ca](http://www.ttc.ca)

## Things to do

There are 100's of things to see and do in Toronto. Here is a list of concerts, festivals, etc. at [www.toronto.com/things-to-do/](http://www.toronto.com/things-to-do/)

Here are some highlights:

ROM – Royal Ontario Museum – natural history and cultural exhibits at [www.rom.on.ca](http://www.rom.on.ca)  
Special Exhibit - **Mesopotamia** - North American premiere arrives June 22, 2013.

Art Gallery of Ontario at [www.ago.net](http://www.ago.net)

Gardiner Museum – Museum of Ceramics at [www.gardinermuseum.on.ca](http://www.gardinermuseum.on.ca)

Bata Shoe Museum at [www.batashoemuseum.ca](http://www.batashoemuseum.ca)

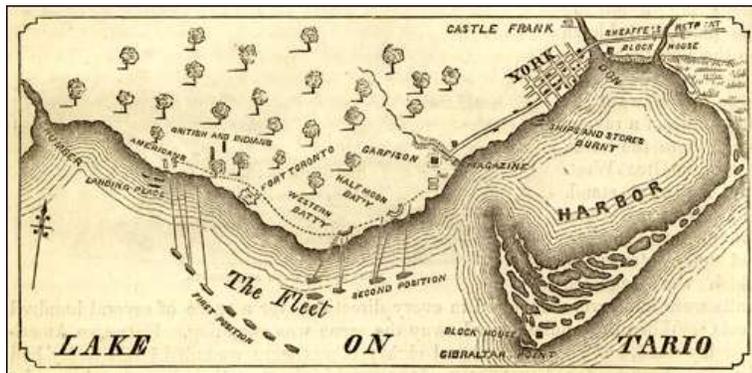
Why??? Napoleon's socks! [www.batashoemuseum.ca/exhibitions/notable\\_people/index.shtml](http://www.batashoemuseum.ca/exhibitions/notable_people/index.shtml)

CN Tower at [www.cntower.ca](http://www.cntower.ca)

Hint: If you make a reservation at the [360 restaurant](#) and purchase a main course for lunch or dinner at the CN Tower, you get free admission to the Lookout and Glass Floor levels of the tower. Also you do not have to wait in line, but have preferential access to the elevator. Admission to the Skypod level is extra.

## Fort York

We even have our own Napoleonic era fort. Built in 1793, [Fort York](#), was located on the lake's edge but is now surrounded by condominiums, rail lines and a highway. In 1813, York (former name of Toronto) and the fort were attacked by the Americans and captured. York was looted and the parliament buildings burnt down. The British later retaliated by capturing Washington and burning the White House, Capitol and other buildings.



## Distillery District

Within walking distance east of the hotel, the former whiskey distillery complex now houses bistros, galleries and shops at [www.thedistillerydistrict.com](http://www.thedistillerydistrict.com)

### St. Lawrence Market

Are you a foodie? Then visit the [St. Lawrence market](#), voted the #1 food market in the world by [National Geographic](#) magazine! Market stalls, specialty products and food stalls. Open Tuesday to Saturday. There is an antique market in the north hall on Sundays.

### Kensington Market

Want to feel like a Hippie again? [Kensington Market](#) is full of organic, vegetarian, vintage and specialty shops with some bars, patios and food stalls thrown in. Sundays, the streets are pedestrian only. The last Sunday of the month (July 28<sup>th</sup>), they usually have roaming dance and musical groups.

### Eaton Centre

Downtown's largest shopping mall at [www.torontoeatoncentre.com](http://www.torontoeatoncentre.com).

### The Toronto Caribbean Carnival

This carnival of Caribbean culture, music and food [www.torontocaribbeancarnival.com](http://www.torontocaribbeancarnival.com) will have its grand parade on the Saturday after the congress, so you might want to stay through the weekend! It is said to be the largest street festival in North America.

### Sports

The Toronto Blue Jays major league baseball team will be on the road during the congress. For something different, you could catch a game of Canadian Football with the [Toronto Argonauts](#) hosting the BC Lions at the Rogers Centre on Tuesday, July 30 at 7:30 pm.

### Performing Arts

Toronto is full of music, plays, comedy and dance. Here are some listings at [www.toronto.com/events](http://www.toronto.com/events) for the week of July 27 to August 3.

### Summary

A nice video of the top 5 things to do in Toronto to get you excited [here](#).

And a spectacular view of Toronto [here](#).

**We hope to see you at the INS Congress in Toronto, July 29 to August 2, 2013!**

**[Official Announcement](#)**

**[Call for Papers](#)**

**[Registration Form](#)**